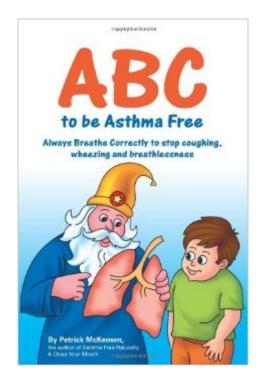
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# ABC To Be Asthma Free. Buteyko Clinic Self Help Book For Children





## **Book Information**

Paperback: 30 pages Publisher: Asthma Care; Newest version just published 2016 edition (2004) Language: English ISBN-10: 0954599624 ISBN-13: 978-0954599621 Product Dimensions: 6.6 x 0.1 x 7.9 inches Shipping Weight: 3.5 ounces Average Customer Review: 5.0 out of 5 stars Â See all reviews (1 customer review) Best Sellers Rank: #2,102,761 in Books (See Top 100 in Books) #15 in Books > Health, Fitness & Dieting > Children's Health > Asthma

## **Customer Reviews**

It has helped a lot in managing the asthma of my daughter, although at times we had to resort to medication. We have not yet followed the complete program. Not a substitute of the big book with all the explanations, but this one helps in making children understand what they have to do.

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